



# BOTTLE YOUR SKATE

FREE TIME AND SPORTS ACTIVITY

## TOPICS

Environment and global warming awareness  
Consumption habits  
Reuse of plastic  
Entrepreneurship

## PARTICIPANTS

Age | 8+  
Number | 15-25

## OBSERVATIONS

Material is made of plastic and epoxy resin, so it is largely flammable. Keep away from fire.

Keep the wheels lubricated with proper oil.

For physical safety, use the skate only in safe and authorized spaces.

Recommendations: for use in Youth Exchanges, Training Courses, Study Visits and Open Days at School.

## MATERIALS

- 10 large paper/cotton bags (to collect plastic bottles nearby the sea or involving retailing shops where those products are often consumed)
- 25 pairs of gloves (one pair per participant)
- 1 skate made with recycled plastic
- 1 helmet

## INSTRUCTIONS

**Step #1:** Explain the main purpose and topics of the activity: to raise awareness towards environment protection, namely through removing the plastic found in the sea, beaches or even in commercial places, exploring new uses for it. Maximum: 5 minutes.

**Step #2:** Divide the participants into small groups of 4-5 and distribute the materials for each group (1 bag, 1 pair of gloves per participant). Maximum: 5 minutes.

**Step #3:** Clarify what will be the area of intervention (for example, one specific beach or one street/square) and move on to collect plastic bottles. Maximum: 60 minutes.

**Step #4:** Gather all the plastic bottles collected by each group and make a group picture to show it. After that, make a round table and ask participants to share their impressions about the experience, as well as ideas about what to do with the bottles they collected. Finally, show them the skate as one possible reuse of those plastic bottles, and present at least one of the videos below about ways to make such a product and other, recycling plastic. Maximum: 30 minutes.

**Step #5:** Allow for all participants who want to do so, to try using the skate. Maximum: 20 minutes.

**Videos to use:**

<https://www.youtube.com/watch?v=04XeFWMtUxY>  
<https://www.youtube.com/watch?v=J6VObFDHsZk>



## DURATION

Usually it can take 120 minutes for all steps (collect the plastic bottles till using the skate).

